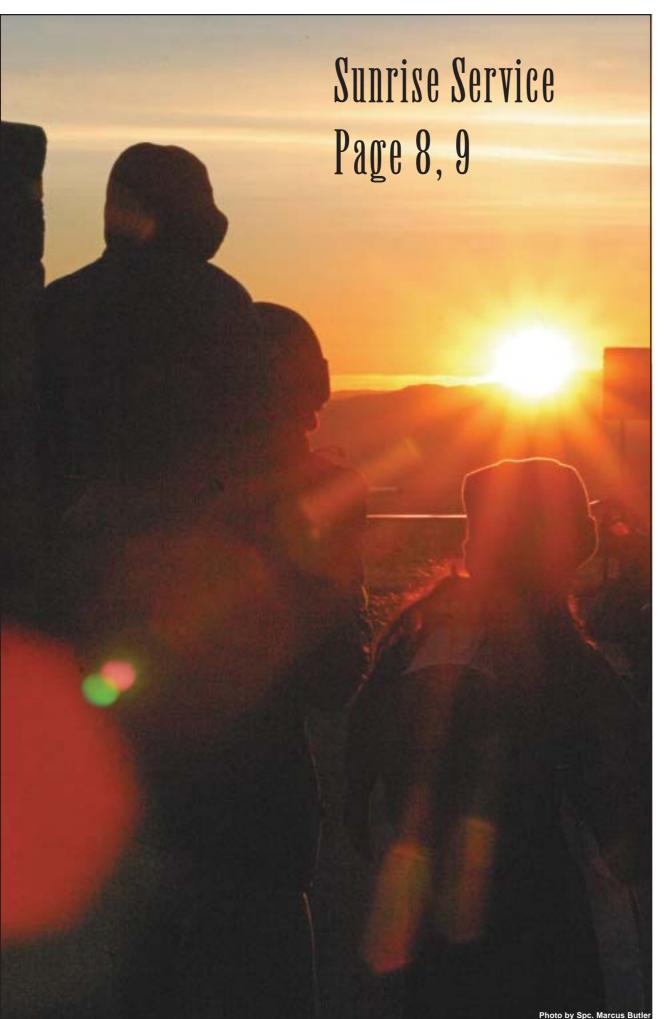
# The Fort Huachuca Scout.



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Hiking tips and dangers

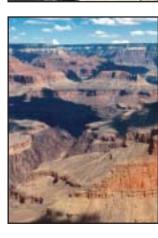
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#### Arizona Tourist

The Grand Canyon, scenic views for everyone.

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# Choice is the key to soldiering

BY SPC. CREIGHTON HOLUB

A year ago I was full of apprehension about my choice to join the Army.

"It is our choices ... that show what we really are, far more than our abilities," J.K. Rowling

I made my choice to join in 2002, but today is my one year anniversary since leaving home for the Army. In that year, I've seen lots of things that my civilian friends and family will never experi-

I was talking with my younger brother recently, and he pointed out that I've been to Oklahoma, Maryland and Arizona in the past year. In that time I've learned how to shoot a rifle out to 300 meters, tactically clear rooms and buildings, search vehicles, react to bombs while in a convoy, escort the civilian media, and many more soldiering and public affairs skills.

I remember tactically ruck marching past Geronimo's grave in Oklahoma, and once I arrived here I met B Troop, the unit that caught him. I've

met Soldiers who just returned from Iraq and heard their fresh war stories. The first time I saw my family after basic combat training, they were amazed at the stories about new training the Army has implemented for all new Soldiers.

While I've gained all these new insights, I'm still the same person I was a year ago. However, my understanding of human events has grown.

A lot can happen in a single year, especially if you're a Soldier. There are some things we Soldiers have to miss in order to do our duty, and we get to experience another kind of family. For instance, my brother got married to his long-time girlfriend and they later gave me a nephew and I can't wait to see him for the second time. I know my family was apprehensive about the new baby coming into their lives.

I talk to my friends from Maryland weekly, and we still try to help each other even through we're on opposite sides of the country.

Closer to home, I've had friends and coworkers reenlist for various reasons, but they all had to make that key choice to "Soldier up" and re-up.

Every Soldier at one time or another made a choice to join or stay in the Army. Despite all their fears, they pressed on to accomplish their objective. I've seen physically weak people make it through some of the hardest events of training with only sheer willpower and their battle buddies backing them. Although the people with an above average level of physical fitness had an easier time completing the same events, the average people carried the same the load and performed the same tasks. That willpower comes from an individual choice that they make to move on to accomplish the objective.

I also like a saying that I heard on a fictional college football movie, "The Program," "If you're hurt, you can still play. If you're injured, you

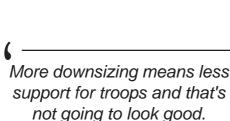
However, a Soldier must also know when to push on beyond normal limits to keep the homeland safe from predators of any type.

"It is foolish and wrong to mourn the men who died. Rather we should thank God that such men lived," Gen. George S. Patton said.

### Scout On The Street



HEADQUARTERSAND HEADQUARTERS COMPANY 111TH MILITARY INTELLIGANCE BRIGADE



ARMY SUBSTANCE ABUSE PROGRAM SPC. LORENZO VILLALOBOS U.S. ARMY GARRISON

### What do you think of garrison downsizing?



STAFF SGT. SERGIO MANCHA

I think it's unfortunate that there won't be Soldiers taking care of Soldiers anymore in post entities.



STAFF SGT. JACQUELINE RAMIREZ

It's unfortunate for Soldiers that are under compassionate reassignments because they won't have that [a garrison assignment] option anymore.

bers of the U.S. Army. Contents of *The Fort Huachuca Scout* are not necessarily the official views of, or endorsed by the U.S. Government, Department of Defense, Department of Army or the U.S. Army Intelligence Center and Fort Huachuca.

It is published weekly, except Christmas and New Years,

It doesn't really affect me, but it

affects those who work in

garrison. I haven't heard the

reasons why they're civilianizing.

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### Child abuse prevention activities planned

#### BY KATHY MILLER

DIRECTORATE OF MORALE WELFARE AND RECREATION

April is Child Abuse Prevention Month on Fort Huachuca. Army Community Service has planned the following events and classes:

• Child Abuse Awareness Class, 6 - 8 p.m., April 5 at the ACS Building 50010

- Assisting Your Newborn's Development, 6:30 8:30 p.m., April 6 at the ACS Building
- Child Abuse Awareness Class, 9 -11 a.m., April 12 at Murr Community Center
- Breastfeeding Your Newborn, 6:30
  8:30 p.m., April 13 at ACS
- Super Sibling Class, 5 6 p.m., April 14 at the ACS Building
  - Prevention of Family Violence, 6

- 8 p.m., April 20 at the ACS Building
- Caring for Your Newborn, 6:30 8:30 p.m., April 21 at the ACS Building
- Children's Activities Festival, 9 a.m. - noon, April 23, at Oscar Yrun Center, Sierra Vista
- Family Day at the 2005 Spring Festival, noon 4 p.m., May 1 at the R.L. Anderson Special Events Park, Fort Huachuca, (next to Thunder

Mountain Activity Centre). Numerous activities for children are planned, including face painting, soccer shoot, a jumping castle, laser tag, baseball throw and more. The festival is open to the public, and there is no admission charge.

If you would like to sign up for one of the classes, or want more information, call Shellie Henderson at 533-6873.

### Voss says farewell to garrison, Army

BY SPC. JOY PARIANTE

SCOUT STAFF

Command Sgt. Maj. Robert Voss relinquished his garrison responsibilities and brought his 30-year Army career to a close during the U.S. Army Garrison Change of Responsibility Ceremony Wednesday on Brown Parade Field.

Voss turned the garrison's senior enlisted position over to Command Sgt. Major Douglas Sandstrom.

This won't be Sandstrom's first time at Fort Huachuca. He's been to this desert post multiple times in the past for military intelligence training and functions.

"I've seen it [the post] change quite a bit in 26 years," Sandstrom said. "It's just like the water tower says 'a great place to reenlist since 1877."

The role of the garrison command sergeant major "starts at one border and goes to the other," Voss explained. "Anything that falls in there can be construed as my job. Anything that deals with the installation itself falls under the garrison."

Sandstrom's already putting together

an agenda for his garrison work. "[My main goal] is providing confidence in Soldiers who are planning to deploy [both permanent party and Soldiers in training]," Sandstrom said. That confidence, he explained, includes being sure of the training they've received and knowing that their families will be taken care of in their absence.

He also plans on revamping the post's Better Opportunities for Single Soldiers program, which provides a "positive outlet for the Soldiers to spend their time," Sandstrom said.

Not only did Voss say goodbye to garrison, but the Army as well. He's retiring to New Mexico and plans to work on his wife's "honey-dos" list (as in, "honey do this, honey do that") and go back to college.

"I put two kids and a wife through college," he said. "It's my turn."

Sandstrom comes to Fort Huachuca from the 101st Airborne Division at Fort Campbell, Ky. His wife, Sara, and his sons Carl and Patrick are here with him.

### Scout submission requirements

The Scout welcomes reader submissions of articles, news briefs and photographs. Contributors are asked to observe the following guidelines:

The Scout is published on Thursdays. All contributions should be submitted by the Friday of the week before for best chance of publication. Submissions made later than that may not make the next issue of the paper. Early submission is not a guarantee of publication though.

News briefs are limited to 50 words or less. For most thorough exposure, please submit in time for the Friday before the issue that comes out two weeks before an event takes place. Some news briefs do run for longer periods, but these are ones the command has determined need extra exposure.

All artwork must have the creator identified and the creator must give permission for the artwork to be used. The Scout is required to observe U.S. copyright law

and cannot run artwork or articles where the originator is uncertain or permission in doubt. Photographs must identify subjects by full name, age (if younger than 18) and military unit and rank (if the subject is in the military service).

The Scout does not run group photos and only runs grip n'grins on the "Kudos" pages (Page 8 and Page 15). Whenever possible, please try to submit action photos. Two mega-pixel digital images or larger are preferred.

Please submit photographs in either JPEG or TIFF format. We can't use photos embedded in Microsoft Word or PowerPoint. Text files may be submitted in Word format.

Priority placement is given to military issues and events that occur on Fort Huachuca. The Scout also focuses on dependent and civilian employee issues as they pertain to the post.



Photo by Spc. Susan Redwine

Fry Fire Department Senior Captain Jim Maloney assisted Fort Huachuca firefighters with a controlled burn on Range 13 Friday. Variable winds made the procedure hazardous, forcing the crew to be extra vigilant.

### Help Fort Huachuca pour grease no more

BY STAN WILLIAMS

SCOUTARCHIVES

We send some nasty stuff down the drain each day.

One class of waste stands out though. That's the used oils, fats and greases we need for cooking chores. Getting rid of these substances costs Fort Huachuca more than \$100,000 a year.

You can help the fort save much of that each year, just by watching your fat, oil and grease disposal according to Gretchen Kent, a physical scientist here.

"This is money that could be better spent fixing potholes or other maintenance problems," she said.

The post already tries to skim as much of this waste as possible out of the primary process, recovering about half a ton of grease a month. Estimates are that a like amount still manages to get by the recovery process.

This waste fouls the sand filter increasing the frequency with which it must be

replaced. The additional cost added to the cost of skimming fat, oil and grease wastes from the water, and the disposal of that waste can run up to \$50,000 or more for each of the two treatment chambers used here.

These problems aren't any different for off post waste water treatment plants, which mark up their charges to the consumer to pay for managing this problem.

That's the bad news. The good news is this problem is almost entirely preventable if everyone pitches in.

"I know that some of the food service operations are already saving their cooking greases and have them picked up by a rendering company that recycles the grease into soaps and candles," Kent said. "But now we need to impress upon everyone, not only the food service operations, but also residents and vehicle maintenance operations, to be obsessive about 'no fats, oils or grease down the drains.' If that means wiping out pots and pans after pouring the grease off, please do so.

"If your food service operations do not use a rendering service, please consider it," she said. "Otherwise, cooking grease, even liquid cooking oil, is solid waste under Arizona law. It can be put out with the trash, (preferably in a bag or other container). This applies to every resident of the fort, too. There are about 1,900 Army family homes on the fort. If each home contributed just 1 tablespoon of grease down their kitchen drain every day, it would add up to over 500 pounds of grease in the waste water treatment plant every month. Please, please, don't wash fats, oils and grease down your drain with hot water. This is a direct pipeline to having it foul the treatment plant because it re-solidifies in the sewer line. Using dishwashing or other detergent to dissolve the fat has the same end result. By the time it gets to the treatment plant, it's solid fat again.

Another source of high oil and grease contamination can be found at the vehicle wash racks and other cleaning operations with oil water separators. Kent said these need to be scrupulously maintained. She added that the people who use the separators are in the best position to understand when maintenance is needed, and they should contact the appropriate entity to schedule service for the separators.

The problem is also a dangerous health concern for the water treatment plant. In order to prevent fouling of the sand filters at the plant with these wastes, plant operators must add excessive amounts of chlorine to the wastewater according to Tom Runyon, an environmental engineer. The chlorine acts to break up the fats, oils and greases (oxidizes them) so the wastes can pass through the filter. Then the plant operators must dechlorinate the wastewater by adding sulfur dioxide. All these chemicals cost a lot of money, and they are hazardous to handle

Housing occupants can help a lot by wiping grease off pans and dishes with paper towels or soiled paper napkins, rather than running it into the disposal system. This will also save water.

### Post celebrates Women's History Month

BY AMANDA KEITH

SCOUT STAFF

Change has a new definiion.

In honor of Women's History Month, Fort Huachuca hosted a series of speeches about influential women focusing on CHANGE: Character, Heroism, Ambition, National Pride, Greatness and Endurance and how they affected our nation.

"As I look out in the audience today, I see the past successes of women, the present struggles to achieve their goals and the future achievers and pioneers of tomorrow's accomplishments," Sgt. Maj. Lisa Clair of the 111th Military Intelligence Brigade said.

The majority of the presentation focused on women speaking about women in the past and present who have exhibited these qualities.

One of the featured speakers of the presentation was Cpl. Maria Flores-Sanz, a returning Soldier from Iraq who became the first Hispanic woman to receive the Army Commendation Medal with valor. She presented her story under the Heroism section of CHANGE.

Flores-Sanz was part of a convoy in Baghdad that was attacked by a rocket-propelled grenade shot from a rooftop and an improvised explosive device that was remote-detonated on the ground. She drove the two passengers in her vehicle to safety and then returned to the attack site to evacuate wounded Soldiers, according to <a href="https://www.4law.co.il/jess20104.htm">www.4law.co.il/jess20104.htm</a>.

"We women have changed our roles in society drastically ... by greatness of our creations and accomplishments," Flores-Sanz said during her presentation.

Clair spoke about women's firsts in the Army, such as Sgt. Maj. Carolyn James, the first woman promoted to sergeant major, and Maj. Gen. Barbara Fast, the first woman commanding general of the U.S. Army Intelligence Center at Fort Huachuca.

"It is from their efforts that I'm standing here today," Clair said.

Spc. Anna Byrd of the 111th MI Bde. spoke about three women, including Margaret Corbin and Deborah Sampson, who, consumed with national pride, served in the Army and fought in wars for love of their country.

Sgt. Debra McCall of the 111th MI Bde. spoke about a woman of greatness, Maya Angelou, the "poet, historian, author, actress, playwright, civil rights activist, producer and director." McCall recited two of Angelou's poems, "Phenomenal Woman" and "I Rise I Rise I Rise."

Capt. Carrie Barhorst of Company E, 309th MI Bn. cited Dr. Mary Edwards Walker for character. Walker was the first and only woman awarded the Medal of Honor. She received this commendation from President Andrew Johnson for her work as a surgeon during the Civil War.

Retired Capt. Carol Culbertson, who is now the assistant regional manager of the Federally Employed Women (an organization designed to improve the status of women working for the government, according to the FEW mission statement), spoke about a woman of endurance, Susan B. Anthony, the women's suffrage crusader who died before women won the right to vote, but who

See CHANGE, Page 14



Photo by Spc. Marcus Butler

The Fort Huachuca Fire Department responded to an emergency call at the Thunder Mountain Village Barracks for a burning dumpster on March 24, 2005. The fire fighters doused the flames and sifted through the garbage to stop any rekindling of the flames. The cause of the fire was undetermined.

The Fort Huachuca Scout®

### "RoboNurse" continues tradition of women in medicine

BY AMANDA KEITH

SCOUT STAFF

Clinical Nurse Patricia Marshall aka "RoboNurse" (named for her "superhuman" multitasking skills) knew she wanted to be a nurse since she was 5. She's been living her early childhood goal for 22 years, including 15 at Fort Huachuca.

And getting here wasn't easy.
As part of the Outward Bound
program in Illinois, she was one of the
first products of a program designed to
assist people who had dropped out of
school, Marshall completed three and a
half years of high school and one
semester of college in 22 months, while
simultaneously raising four kids and

"It was tough," Marshall said. "But I did it."

running a household.

Marshall's nursing education was certainly tougher than most, but entering the medical profession wasn't impossible.

Female nurses have been a part of the military since the American Revolution, at a time when female doctors were an unheard-of idea. Midwifery, women who helped other women through the birthing process, was the only medical profession open to women. In the 20th century, midwives were edged out in favor of doctors and hospitals, but by that time, women had broken into the male world of the medicine.

Elizabeth Blackwell, who became the first woman to graduate from medical school, earned her degree in 1849 from Geneva Medical School. She opened her own medical clinic with her sister Emily (also a medical school graduate) for women and children in New York in 1854.

In 1850, the first women's medical school opened in Pennsylvania. The school is now coed and is known as the Medical College of Pennsylvania.

In 1864, Rebecca Lee became the first Black woman to graduate from medical school. She graduated from the New England Female Medical School of Boston.

Such milestones were significant steps in the history of women's medicine that led to Marshall, the "RoboNurse" who loves "working with Soldiers and delivering babies."

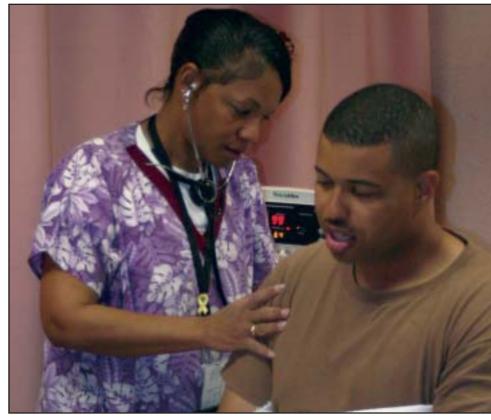


Photo by Spc. Marcus But

Nurse Pat Marshall checks the oxygen saturation level in the blood of a patient.

huachuca-www.army.mil March 31, 2005 The Fort Huachuca Scout®

### AFTB supports Army family, missions

BY SPC. JOY PARIANTE

SCOUT STAFF

Soldiers and families can be more prepared for deployments and live better Army lives through the Army Family Team Building Program.

According to their mission statement, AFTB is a program that offers training to improve personal and

family preparedness to enhance overall Army readiness. AFTB offers training in areas such as military acronyms, reading a leave and earnings statement, and military entitlements and benefits to interested active duty, National Guard, Reserve and retiree families, said Cheryl Patterson, Army Family Action Plan/AFTB coordinator. "[AFTB] gives them

knowledge of the Army way of life," Patterson said. Soldiers complete mandatory AFTB training through their unit.

AFTB's training subjects are covered throughout three levels with the focus of keeping families informed and educated about the Army. "Knowledge is power when the Soldier is deployed," Patterson said.

"We're taking care of the family and making sure they can take care of themselves, and that allows the Soldier to focus on the mission."

Classes are offered to anyone associated with the military including retirees, teenagers and family members. For more information on upcoming AFTB classes, call Patterson at 533-3686.

### AAFES' "Gifts from the homefront" tops \$800,000

#### BY JUDD ANSTEY

ARMY AND AIR FORCE EXCHANGE SERVICE PUBLIC AFFAIRS

Since the Army & Air Force Exchange Service began the "Gifts from the Homefront" program March 21, 2003, people from all walks of life have rallied around America's troops by contributing \$805,555 towards the program designed to lift the morale of deployed troops around the world. The certificates, which can be purchased by any individual or civic organization, allow servicemembers to purchase items of necessity and convenience at Post Exchange and Base Exchange facilities around the world.

"Gifts from the Homefront" certificates can be addressed to "any servicemember" or individual servicemembers. AAFES' charitable partners have been integral in the distribution of certificates earmarked for "any service member." The United Services Organizations, American Red Cross, Air Force Aid Society and Fisher House have distributed

14,476 certificates, totaling more than \$242,000, to deployed troops. Friends and family have purchased \$562,795 of "Gifts from the Homefront" certificates for individual service members

"Working with the USO, American Red Cross, Air Force Aid Society and Fisher House has allowed AAFES to get certificates into the hands of service members who need them most," AAFES' Commander Maj. Gen. Kathryn Frost said. "AAFES' relationship with these charitable partners allows any American to have a direct impact on the morale of a deployed servicemember, even if they don't have a name or address for a particular Soldier or Airman."

Because the gift certificates can be used for merchandise already stocked at contingency locations, "Gifts from the Homefront" are a safe alternative to traditional care packages that place unnecessary strain on the military mail system and present force protection issues. Servicemembers can purchase exactly what they need with the certificates

because they can be applied to a wide range of products. Reports from Operation Iraqi Freedom indicate that certificates are being used for the latest CDs and DVDs, Red Bull Energy drinks and Military Exchange Global prepaid phone cards for those all-important calls home.

Those wishing to send a "Gift from the Homefront" can simply log on to <u>aafes.com</u> or call 1-877-770-4438 to purchase gift certificates in \$10 or \$20 denominations. From there, the "Gift from the Homefront" may be sent to an individual service member (designated by the purchaser) or distributed to "any service member" through the USO, American Red Cross, Air Force Aid Society or Fisher House.

"Gifts from the Homefront" gift certificates can be redeemed at any AAFES facility in the world including Operations Enduring and Iraqi Freedom locations. To date, AAFES operates some 55 stores throughout central and southwest Asia, serving troops and lifting morale of those soldiering in austere, harsh conditions.

#### **CHANGE**, from Page 4

never gave up on her goal.

In addition to the speeches on inspirational women, the program featured the national anthem, sung by Amy McDaniel of the 304th MI Bn., and a "Salute to Women," a slideshow of famous and influential women (which in-

cluded Condoleezza Rice and Hillary Clinton), sung to "America the Beautiful" by 1st Lt. Nicole Johnson of the 269th Signal Bde.

Smith Middle School students were also honored in the celebration; in the Fitch Auditorium library, students' essays on women in history, such as Harriet Tubman, were displayed for onlookers to peruse.

Maj. Marc Kortenray of the 111th MI Bde. also read President Bush's 2005 proclamation that proclaimed March as "Women's History Month."

"As we commemorate Women's His-

tory Month, I encourage all Americans to celebrate the extraordinary contributions and accomplishments of American women and to continue our progress in making our society more prosperous, just, and equal," Bush wrote in the proclamation.

## Communication interoperability tested

BY SPC. SUSAN REDWINE
SCOUT STAFF

"The battleground should not be the testing ground," is a common saying around the Joint Interoperability Test Command on Fort Huachuca.

In order to prevent battleground snafus with communications equipment between agencies and services, the annual Defense Interoperability Communications Exercise has been under way since Feb. 15 and will conclude April 15. The exercise includes participants from all over North America in both military and civilian organizations.

Participants come from each of the military services, the National Guard Bureau, U.S. Northern Command, Canadian armed forces, Department of Homeland

Security, the Federal Emergency Management Agency, as well as local first-respondens

The exercise provides a one-of-a-kind opportunity and includes 33 test events and 26 participants, including service agencies and vendors, Air Force 1st Lt. Jared Harris, public affairs officer, JITC, said.

"The personnel and procedures are just as important as the equipment," he said.

The mission of the exercise is to replicate in the greatest detail possible a typical joint task force communications network in order to conduct joint interoperability certification and assessments of war fighter systems, according to information provided by the JITC.

"Nobody else does it at the level we do and at as broad of a scope," Harris said. Harris said the exercise includes going through scenarios to test the interconnectedness between the communications equipment.

"If something doesn't work, we just stop and look at it and see why the electrons aren't flowing," Harris said. "The last thing you need to do is go out to the field and find your commo doesn't work."

JITC Commander Col. Victoria Velez said that Sept. 11 caused those involved in emergency response to think about how they react to a crisis.

"A quicker response equals less lives lost," she said.

Because the different agencies use different equipment, it becomes more difficult to communicate.

"If we can't get information to the people

who need it, lives will be lost," Velez said.

Included in the exercise is the State Mobile Operations Communications Center from the Arizona Department of Emergency Management – an RV-type vehicle that houses a communication center and sleeping area. The vehicle is based in Maricopa County and is sent as support for emergencies such as large wildfires and other dispaters.

"We want one team and one fight and we're not to that level yet with our communications systems," Harris said of the interoperability of communications equipment used in the various agencies.

"We don't get the opportunity to train the way we fight too often," Harris said. "Our response to our enemies has to be singular and coordinated."

The Fort Huachuca Scout®

March 31, 2005

### Ultimate sacrifice paid in support of OIF

**Sgt. Lee M. Godbolt**, 23, of New Orleans, La. died Saturday in Baghdad, Iraq, when a vehicle-borne improvised explosive device detonated near his HMMWV while he was on patrol. Godbolt was assigned to the Army National Guard's 1st Battalion, 141st Field Artillery Regiment, New Orleans, La.

**Sgt. Isiah J. Sinclair**, 31, of Natchitoches, La. died Saturday in Baghdad, when a vehicle-borne improvised explosive device detonated near his HMMWV while he was on patrol. Sinclair was assigned to the Army National Guard's 1st Battalion, 156th Armored Regiment, Shreveport, La.

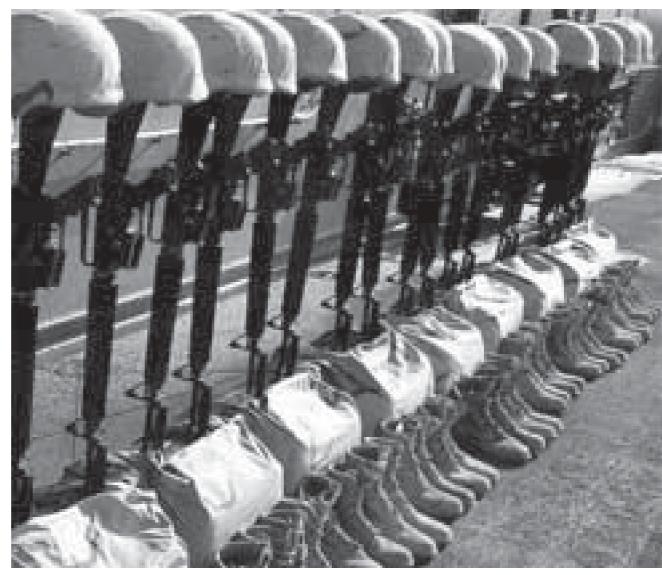
**Capt. Michael T. Fiscus**, 36, of Milford, Ind. died Saturday in Kabul, Afghanistan, when a mine detonated near his military vehicle. He was assigned to the Army National Guard's 76th Infantry Brigade (Separate), Indianapolis, Ind.

**Master Sgt. Michael T. Hiester**, 33, of Bluffton, Ind. died Saturday in Kabul, when a mine detonated near his military vehicle. He was assigned to the Army National Guard's 76th Infantry Brigade (Separate), Indianapolis, Ind.

**Spc. Brett M. Hershey**, 23, of State College, Penn. died Saturday in Kabul, when a mine detonated near his military vehicle. He was assigned to the Army National Guard's 76th Infantry Brigade (Separate), Indianapolis, Ind.

**Pfc. Norman K. Snyder**, 21, of Carlisle, Ind. died Saturday in Kabul, when a mine detonated near his military vehicle. He was assigned to the Army National Guard's 76th Infantry Brigade (Separate), Indianapolis.

**Spc. Travis R. Bruce**, 22, of Byron, Minn., died March 23 in Baghdad, Iraq, when an enemy mortar round detonated near his guard position. Bruce was assigned to the Army's 170th Military Police Company, 504th Military Police Battalion, Fort Lewis, Wash.





week.



**National Guard and Reserve** 

This week, the Army announced an increase, while

the Air Force, Navy, Marine Corps and Coast Guard

had a decrease in the number of reservists on active

duty in support of the partial mobilization. The net col-

lective result is 996 more reservists mobilized than last

and individuals while demobilizing others, making it

possible for these figures to either increase or decrease.

Total number currently on active duty in support of the

partial mobilization for the Army National Guard and

Army Reserve is 156,379; Naval Reserve, 4,303; Air

National Guard and Air Force Reserve, 9,937; Marine

Corps Reserve, 12,971; and the Coast Guard Reserve,

657. This brings the total National Guard and Reserve

personnel, who have been mobilized, to 184,247, in-

A cumulative roster of all National Guard and Re-

cluding both units and individual augmentees.

At any given time, services may mobilize some units

Mobilized as of March 23



Airmen are contributing to the success of coalition operations in Iraq and Afghanistan by being less blue- and more fight-oriented, said United States Central Command's operations chief.

Service News

During a recent visit to the Pentagon, Brig. Gen. Douglas L. Raaberg, CENTCOM's deputy director of operations, described Air Force contributions to the joint war fighting operations in Iraq.

"People have to look twice to read 'U.S. Air Force' on our uniforms, and that's a compliment," the general said.

"Airmen are demonstrating a lot of innovation. They don't think in terms of just their home base mission," he said. "Instead they think of ways to better fight for their commander, who may be a Navy skipper or an Army colonel."

Raaberg manages strategic and operational employment of CENTCOM forces as well as joint and combined combat operations. He coordinates all aspects of air, ground, naval and special operations forces in CENTCOM.

Airmen bring a multitude of capabilities to the joint fight, including space-based assets, airlift and systems integration, Raaberg said.

Airmen provide the ability for soldiers to see beyond the fight and to prepare for the next step by using space capabilities

There are more than 600 unmanned aerial vehicles flying





simultaneously and providing images to Soldiers with handheld computers.

"The Soldier on the ground can look over the

in Iraq today, controlled via satellite links, observing events

mountainside or around the other side of a building before going there to see if, in fact, there's something on the other side," Raaberg said. "This ability is already resident on Global Hawk."

Airmen make this system better, he said, by finding new ways to coordinate that information through the various command levels so commanders can easily retrieve it for the fight they're in.

"Now you're talking about a great capability," Raaberg said. "That's why in a joint environment we support anything that gives a linkage to a better picture and a greater ability to rapidly target a problem. The only way to create an effect is to know what it is, monitor it and create a new effect at your time and place of choosing. That is the future of warfare. We are pretty darn sophisticated, but I see us getting even better over time," he said.

However, the one thing Airmen should not do, the general warned, is to make current operations a template for the next fight. Instead, he says it should be seen as just another part of a learning curve to build upon and use in tomorrow's fight.

found at: <a href="https://www.defenselink.mil/news/Mar2005/d20050323ngr.pdf">www.defenselink.mil/news/Mar2005/d20050323ngr.pdf</a> or <a href="https://www.defenselink.mil/releases/2005/nr20050323-2269.html">www.defenselink.mil/news/Mar2005/d20050323ngr.pdf</a> or <a href="https://www.defenselink.mil/releases/2005/nr20050323-2269.html">www.defenselink.mil/news/Mar2005/d20050323ngr.pdf</a> or <a href="https://www.defenselink.mil/releases/2005/nr20050323-2269.html">www.defenselink.mil/releases/2005/nr20050323-2269.html</a>

serve personnel, who are currently mobilized, can be

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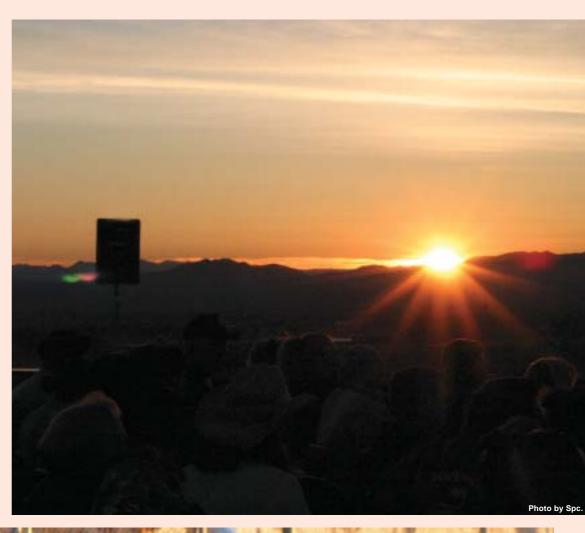


Photo by Spc. Marcus Butler

Above, Chaplain Maj. David Scharff reads an inspirational scripture during the Easter sunrise service being held on top of Reservoir Hill (at above right).

# Sunrise service celebrates Easter

SPC. MARCUS BUTLER

SCOUT STAFF

On a cool Fort Huachuca morning, on top of Reservoir Hill, patrons gathered to celebrate the resurrection of Christ on Easter Sunday.

Wrapped in blankets and layers of clothing, nearly 100 participants in the sunrise service waited for the sun's entrance and the beginning of the service. Attendees stared at the horizon as the sun began to pierce the morning sky. The red and orange glow not only marked the beginning of the service, but also provided a warm respite from the night's chilly air.

This particular service was normally a dress blue affair for most of the cadre involved, but this time was different. Instead of dress blue, the cadre wore their battle dress uniforms out of respect for those in harms way.

During an opening speech given by Chaplain Maj. Thomas McFarland, he acknowledged his fellow chaplains on the front lines still holding sunrise services despite the hostile environment.

After the opening speech by McFarland, the program progressed with a prayer followed by inspirational readings which lead into the sermon given by Chaplain Col. Douglas Kinder.

After Kinder's sermon, McFarland gave the benediction and then invited those who wanted to participate in communion to come forward and do so. This ended the service.



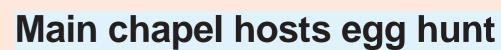
Photo by Spc. Marcus Butler

Above, participants in the Easter sunrise service are wrapped up and awaiting the beginning of the program. Below, "The Last Supper" comes to life. Photo by Spc. Susan Redwine.





Jonas Pridgeon, 6, looks for surprises in the eggs he found at the Main Post Chapel's Easter Egg Hunt on Sunday in the chapel courtyard.



the program.

Patrons from the Easter sunrise service take part in communion at the end o

#### BY AMANDA KEITH

SCOUT STAFF

Fort Huachuca's youngsters were on the prowl Sunday afternoon, hunting down the elusive eggs of the Easter Bunny.

The Main Chapel held an Easter egg hunt following the Easter Sunday service. The chapel courtyard was decorated with brightly colored plastic "Easter eggs," hidden in plain site, as they were scattered over the grass in and around the hunt area. Three waves of children (toddlers, 5-8-year-olds and 9-12-year-olds) gathered up the empty eggs to trade in for grab bags of assorted candy.

"We've got more eggs than you'll know what to do with," Dan DeVeny, the Director of Religious Education and organizer of the hunt, said.

Volunteers from the Officer Basic Course ran the candy stations, where kids presented their plastic eggs, which they got to keep, to get candy as a reward for their hunting efforts.

The toddlers group was the first unleashed on the egg population, and they gobbled up the majority of the eggshells (352 total eggs were put out for the hunt), leaving some of the older kids disappointed, but there was candy for everyone who participated.

"[The Easter egg hunt] gets people to come to church," DeVeny added.

The event was a part of a three-day vacation Bible school held during the first three days of spring break. The Bible school, held in the mornings, gave mothers a break, and the egg hunt was the finale for the school, DeVeny said. Participation in the hunt was open to any children who showed up, not just Bible school students.

A dozen helpers, volunteers ranging from 7th to 12th graders, were part of the 27 people total who helped run the hunt.

The Easter egg hunt was preceded by a fellowship brunch open to all attendees of the hunt or the Easter Sunday Service.

### "Last Supper" comes to life

BY SPC. SUSAN REDWINE

SCOUT STAFF

Christians of the Fort Huachuca community came together at the Main Post Chapel March 24 to begin celebrations of Easter weekend with a dramatization of the Last Supper.

Volunteers dressed for the roles of Jesus and his disciples, then assumed the positions along a table as depicted in the famous painting by Leonardo da Vinci.

One by one, each of the characters came to life and addressed the audience in soliloquy. They reminisced about how they had first met Jesus and began to follow him. Each doubted himself as possibly being the one to betray their Lord.

At the Last Supper, Jesus broke bread with his disciples, which Christians celebrate by communion. The meal was held on the eve of his crucifixion. His miraculous resurrection then occurred on Easter, according to tradition.

Clayton Barnett, a retired Army staff sergeant, who volunteered as the night's narrator, said the dialog was based on scripture.

"I volunteered because I felt the desire to portray the activities of Jesus and his disciples on this fateful occasion," Barnett said. "We used to do it every year; we haven't done it in the last year or so."

Churchgoer Bob Gibson said he attended because he believes in the resurrection of Christ

"The dramatization brings the message home instead of just reading about it," he said. "I think it was an excellent performance."

Barnett said the dramatization of the Last Supper used to occur regularly before Easter, but that it's been at least a year since the last one. He said he was anxious to be a part of reviving the tradition.

"It's a popular production this time of year in many places," he said.

The significance of Easter in the Christian tradition is probably overshadowed by the magnitude of Christmas celebrations, but the events that Easter celebrates are more important to the faith overall.

"Christmas and his [Christ's] birth is good, but his resurrection is better," Gibson said.



### Army takes 3 medals in U.S. Boxing Nationals

U.S. ARMY COMMUNITY AND FAMILY SUPPORT CENTER PUBLIC AFFAIRS OFFICE

A young and inexperienced squad exhibited the All-Army boxing team's best performance in five years in the U.S. Amateur Boxing National Championships March 15 to 19 at the U.S. Olympic Train-

Although the Soldiers didn't produce any national champions, All-Army coach Basheer Abdullah said they exceeded his expectations.

Christina Brown won a silver medal in the women's 165-pound weight class. Christopher Downs and Boyd Melson won bronze medals in the men's 178- and 152pound divisions respectively.

All told, six Soldiers reached the quarterfinals, including Joe Guzman (201 pounds) and David Gallegos (141 pounds), both of Fort Carson, Colo., and Lavalle Viridiana (119 pounds) of Fort Myer, Va.

Brown, a 6-foot-3-inch, multi-sport athlete from Fort Huachuca, lost her goldmedal bout to Baltimore's Franchon Crews when the referee stopped the contest 67 seconds into the first round. The much shorter and stockier Crews attacked from the opening bell and tallied more than 15 points in the opening minute.

"I was shocked," Brown, 24, said of Crews' aggressiveness. "I didn't think [her punches] were landing to the point where

she was scoring that much."

Abdullah said Brown lacks the experience needed to handle such a brawler.

"Brown doesn't have the experience to deal with that type of boxer yet," he said. "We tried to catch the girl coming in with a good strong right hand but the girl is physical."

Downs, 30, stationed at Schofield Bar-

Christina Brown (right) of Fort Huachuca uses her reach advantage during a 17-16 victory over Emery Hernandez of Sterling, III., in the women's 165-pound semifinals of the U.S. Amateur Boxing National Championships March 18 at the Olympic Training Center in Colorado Springs, Colo. Brown won the silver medal in her weight class.

racks, Hawaii, dropped a 21-12 decision to Brandon Gonzalez of San Jose, Calif., in the semifinals. Downs was allowed by supervisors of the 127th Infantry Division at Forward Operating Base Warrior in Iraq to attend the All-Army boxing camp and compete in the 2005 Armed Forces Championships and U.S. National Championships. Downs qualified for a berth in the U.S. Army World Class Athlete Program by winning an Armed Forces crown. His performance here solidified the selection, Abdullah said.

Downs is 6 feet 4 inches tall but failed to use his reach advantage against Gonzalez, who threw much quicker punches. His Army teammates repeatedly yelled at Downs to "keep it long, keep it long," but he kept going inside and getting scored upon.

"I don't feel like I showed up tonight," Downs said after climbing from the ring. "It wasn't that I couldn't see the punches; I was just a little sluggish."

Melson, 23, a WCAP member and graduate of the U.S. Military Academy at West Point, N.Y., lost 15-10 in the 152pound semis to Brooklyn's Daniel Jacobs. Melson, a southpaw, struggled throughout the tournament with an injured left hand but refused to use it as an excuse. He entered the final round trailing by five points and failed to reduce the deficit.

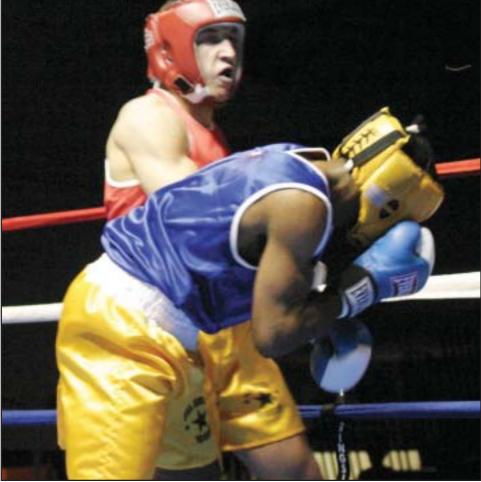
"I should've turned to my aggression earlier but it was tough because he knew only to look out for my one hand," said Melson, who spent half of the past year at Officer Basic Course.

Abdullah praised the All-Army boxers for their performances.

"These athletes definitely exceeded my expectations," he said. "I thought I was going to get maybe one or two [boxers] into the semis. That would've been a blessing. But they accepted the challenge, dug in deep, and we advanced six into the quarters. And then we advanced three into the semis, so I'm pleased."

Because most members of last year's All-Army boxing team have joined the professional ranks, retired from the sport or left the military, this was the most inexperienced team Abdullah has taken to the national championships in several years.

"We've got a long way to go," Abdullah said. "Right now we're winning off a lot of heart."





Boyd Melson (right) fights during Armed Forces Boxing competition.

Boyd Nelson defeats an opponent during Armed Forces Boxing competition.

### Contemporary operating environment training: adjusting to urban warfare

BY CARMEN SLAYBAUGH ARMY NEWS SERVICE

The way the Army trains Soldiers for the contemporary operating environment is evolving almost daily.

In the last 40 years, urban dwellers have more than tripled in number. Factoring in this rapid rate of the world's urbanization, the potential for U.S. military forces undertaking some type of operations in urban areas is a more than a possibility – it is a reality, making urban-operations training all the more imperative.

Lt. Col. Allen Reece, commander of 2nd Battalion, 13th Infantry Regiment, and Lt. Col. Fred Johnson, commander of 2nd Battalion, 39th Infantry Regiment, both saw the need for a site that would help prepare their basic combat training Soldiers for fighting in the 21st century.

Reece said that he and Johnson developed the idea of where they wanted to build it and how it would be laid out, including use of the Boy Scout area at Fort Jackson, S.C.

"We always tied it to existing structures that were already there, so we would not have to build all of them from scratch," he said.

"(Johnson) started pushing the initiative to gain access to the Boy Scout area. As we got approval to take more and more of the land and approval to have these buildings built, (Johnson) and I decided to make that whole tract into a training area he could use, and I could use, and 2nd Battalion, 60th Infantry Regiment, could use," said Reece.

Static vehicles positioned between buildings allow Soldiers to practice finding cover. They learn cover is not only provided by trees and rocks but can be a parked truck or the side of a building.

Conversely, they "eat the dirt" while they high- and low-crawl – a lifesaving skill for Soldiers in suburban areas and shantytowns where fewer buildings and vehicles equal less and more isolated objects that can be used as protection from attackers.

"You can do everything (in the new training area). Everything from first aid, to engage enemy forces in an urban area, to entering and clearing a room, to checkpoint operations and (enemy prisoner of war) holding-facility procedures, to calling in a (medical evacuation), to calling in fire – name it, you can do it all," said Reece.

"Most installations have a (military operations in urbanized terrain) site, a city-type site. I think what we have here is definitely making us more prepared," Reece added.

"We don't just have a MOUT site; we have an area that allows us to create these environmental situations Soldiers will have to deal with. You can drive your trucks through them, you can drive convoys through them. You can get ambushed and fight on the truck, off the truck. Soldiers high, Soldiers low. It is situation-awareness types of scenarios."

"We have adjusted the training to the conditions we are going to fight in. To survive as an Army, you have to do that. We are a learning organization," said Johnson.

One training area of the site that zeroes in on a critical issue Soldiers are facing, especially in Iraq, is the improvised explosive device lane.

The urgency of the IED training becomes apparent with the stark statistics of Operation Iraqi Freedom. As of March of this year, a total of 328 Soldiers have lost their lives in Iraq to IEDs.

Along the lane, three IEDs are hidden. The first two are detonated by a trip wire and release a water spray, Johnson said. The last one is command-detonated so Soldiers get the experience of one going off in case they were able to locate and avoid the first two.

"It is good for a focused training event. I want Soldiers to have situational awareness. And, the spray of water shows the Soldier his lack of situational awareness can result in something detrimental," said Johnson.

Johnson added that the checkpoint drills also help train awareness in Soldiers. "There is no doubt in my mind they are going to have to guard something wherever they go," he said. "They may not be entering and clearing a room, but they will have to manage a guard post. I can make sure they can do that piece of it right."

Right now, only a few of the buildings in the new training area have furniture in them.

"The endstate is to have tables and chairs, so when (Soldiers) clear the room, they have to deal with that obstacle," said Johnson.

Other aspects the Soldiers train for is media contact and the presence of non-combatants on the battlefield.

While the site is fairly comprehensive, there are six more buildings that need to be constructed to make it a three-battalion training area, said Reece.

Down the road, possibilities include paintball training and use of the proven Multiple Integrated Laser Engagement System. The commanders would also like to have some walls built to create a courtyard effect, replicating what Iraqi cities have, said Reece.



Photo by Carmen Slayba

2nd Battalion, 39th Infantry Regiment, Soldiers evacuate a wounded comrade from the improvised explosive device lane, part of Fort Jackson's new contemporary operating environment training site.

There are no plans for installing pop-up silhouette targets. "If I put people in proper (opposing forces) uniforms, I feel (Soldiers) are getting better trained for shooting at another human being," said Johnson.

Reece said plans are underway to build three more training sites. Also, the installation MOUT site at Training Area 19 Bravo will continue to grow and be improved, he said

Don Richardson, an engineering technician with the Directorate of Engineering and Logistics, said no decisions have been made on where the new sites will be located, nor is there a set time when construction will begin.

Reece, who is helping head up development of the sites, said they hope to keep the costs at approximately \$70,000 per site.

When all the sites are finished, Reece said two will be controlled by 1st Basic Combat Training Brigade and two by 4th Training Brigade.

### 'One lady band' wins Civilian of Month award

BY SPC. CREIGHTON HOLUB

SCOUT STAFF

With her 13-year-old son, Patrick Kelly, standing by her, Maj. Gen. James C. Hylton pinned an Achievement for Civilian Service award on Corinne Kelly, the March Civilian of the Month.

Jim Chambers, the deputy garrison commander, called Kelly a "one lady band" for all the work she has done in her command's personnel office.

Kelly, the Network Enterprise Technology Command/9th Army Signal Command's information assurance security officer and property book officer, was nominated by her supervisor, Alice Bower, for this month's award.

She is scheduled to be officially recognized at the Thunder Mountain Activity Centre April 6 in the post's monthly Military Affairs Committee luncheon.

"It is not unusual to find Corinne on the floor under a desk making the necessary installations to ensure we have the best possible automation support," Bower said. "She has physically replaced every computer and monitor in the G-1 over a span of two to three years as part of a modernization and life-cycle management program."

Kelly started her career in 1986 in Korea after becoming a U.S. citizen in 1985. She came to the states and began working at the post in 1989 for NETCOM. She switched to the garrison in 1995 and worked there for two years before returning to NETCOM. She has trained multiple secretaries and has done the secretary's job when the spot was vacant in addition to completing her own job tasks.

Kelly assists in the management of the organization by performing, obtaining, and directing a large variety of administrative and associated management services, according to Bower. She performs daily support to office personnel in the areas of budget, training, information systems security, personnel security, management controls, property accountability as well as routine and special reports, according to Bowers.

The other Civilian of the Month nominees were: Berta Bustamante, Department of Pathology, Raymond W. Bliss Army Health Center; Alice Hoselton, Directorate of Resource Management; Liza Weissler, Communications-Electronics Life Cycle Management Command Software Engineering Center, Intelligene Fusion Systems; James Finley, Jr. Directorate of Public Works; Anthony D. Black, Communications Security Logistics Activity; and Greg Dalglish, U.S. Army Operation Test Command, Intelligence Electronic Warfare Test Directorate.

Nominate your deserving employee for Civilian of the Month. Per Fort Huachuca regulation 690-5, all permanent appropriated fund and non-appropriated fund employees are eligible with the exception of employees officially assigned as supervisors and senior executive service personnel. For further information, contact the Civilian Personnel Advisory Center at 3-5282.

Information from Kelly's nomination was used for this article.

huachuca-www.army.mil March 31, 2005 The Fort Huachuca Scout®

#### Range Closures

Today – AB, AC, AD, AL, AU, AW, AY, T1, T1A, T2, T3

Friday – AB, AC, AD, AL, AM, AP, AU, AW, T1, T1A, T2, T3

Saturday – AB, AK, AL, AP, AW, AY, T1, T1A, T2, T3

Sunday – AB, AK, AM, AP, AQ, AU, AV, AW, T1, T1A, T2, T3

Monday -AA, AD, AG, AH, AK, AL, AM, AR, AW

Tuesday – AA, AD, AG, AL, AM, AW, T1, T1A, T2, T3

Wednesday - AA, AD, AG, AL, AM, AW, T1, T1A, T2, T3

For more information, call Range Control 533-7095. Closures subject to change.

#### Resumix classes

Roberta Sipes, the post employment readiness coordinator is offering a series of classes on how to use the Army's new Resumix job search and application system. The classes are being offered both on and off post.

The Resumix classes are scheduled as followed: 5:30 p.m. - 8 p.m., April 11, Army Community Service conference room, 8 a.m. - 11 a.m., April 20 Cochise County Workforce Development, 1 p.m. - 4 p.m., April 20 Cochise County Workforce Development. Resume and Resumix combined classes are scheduled for 8:30 a.m. -3:30 p.m., at the ACS conference room. Shape up your resume classes are scheduled for 9 a.m. – 5:30 p.m. at the Cochise County Workforce Development.

A job fair is scheduled for 10 a.m. -2 p.m. April 15 at Windemere Conference Center.

The Cochise County Workforce Development canter is located at 1843 Paseo San Luis in Sierra Vista.

For more information on Cochise County Workforce Development, call 458-9309 x 132.All classes are free and open to the public. For more information, call 533-2330.

#### Obstacle course dedication

The Post obstacle/confidence course will become the Robert C. Scheetz Warrior Complex during a dedication and renaming ceremony at 3 p.m., April 15. Scheetz gave his life in the defense of freedom on Memorial Day, May 31, 2004 while serving as the Task Force 1-6 intelligence officer in the North Babil Province of Iraq upon the time of his

The dedication is open to the public. Drivers will need to present a valid driver's license, vehicle registration, and proof of insurance at the welcome center at the main gate in order to obtain a visitors pass.

Passengers 18 and over will need to show a photo ID at the checkpoint at the main gate.

#### Support group for international spouses

If you're an international spouse who would like to learn more about American culture, Army Community Service has a support group for you.

The International Spouses' Support

Group is designed to assist international spouses in networking, learning English and making friends.

The next meeting of the group will be held 6 p.m., April 14, at the ACS Building 50010. There is no cost to attend, but please pre-register with ACS at 533-2330.

#### Fort Huachuca welcomes newcomers

Army Community Service wants to welcome newcomers to the Fort Huachuca community. The Fort Huachuca Welcome - a newcomer's orientation - is scheduled for 9 a.m., April 15 at Murr Community Center.

The orientation will provide information about the installation and the community. A tour of the post is provided.

Pre-register by calling ACS at 533-2330. For more information, call Pamela Allen at 533-5919.

#### Financial readiness classes

Army Community Service holds the following financial readiness classes on a monthly basis: checking account management, 9 - 11:30 a.m., the first Wednesday of the month at the ACS Building 50010; budget and planning class, 9 - 11:30 a.m., the second Wednesday of the month, at the ACS Building 50010; and financial readiness training, 1 - 5 p.m., the second Wednesday and Thursday of each month, at Murr Community Center, Building 51301.

The financial readiness training class is required for first-term E-4 and below. Others are welcome to attend the training also.Please register by calling ACS, 533-2330, or for more information, call Chris-

Main Post

10:45 a.m.

3 - 6 p.m.

7p.m.

7 p.m.

9 a.m.

7 p.m.

Main Post

9:30 a.m.

tine Bachand at 533-6884.

#### Tax Center hours

The Fort Huachuca Tax Center will be open from 8 a.m. - noon on April 2 and April 9.

Taxes are prepared on a walk-in basis only. Services are available to servicemembers, dependents, and retirees. Bring photo identification, social security number or tax identification number, 1099s, W-2s, 2003 tax return and any other financial documentation.

For more information, call 533-1040.

#### Family child care

Earn extra income while you stay at home and raise your children. The Fort Huachuca Family Child Care Program is looking for individuals who want to earn income, raise their children at home and make a difference in another child's life.

If this appeals to you, call 533-2498 for more information on how to become an FCC Provider. The next training begins on April 4 and the deadline to signup is today. For more information, call Kathy Miller at 533-5714.

#### Retirement ceremony

The next Installation Retirement Ceremony is scheduled for 7 a.m., April 29 at Chaffee Field. All military and civilian retirees are invited to stand in this ceremony.

For more information, call the U.S. Army Intelligence Command & Fort Huachuca Protocol Office at 533-1235 or Suzette Krusemark, Directorate for Planning Training, Mobilization Security, 533-3185, to fill out an information sheet.

### Chaplain's Corner

#### **Protestant Sunday Services** Enisconal

9:20 a.m.	Gospel
9:30 a.m.	Protestant
11 a.m.	Cross Roads
11 a.m. 3:30 p.m.	Collective ALPHA

#### R qi

oman Catholic Worshi		
MonFri.	11:30 a.m.	
Saturday	4 p.m.	
Confession		
Saturday	5 p.m.	
Mass		
Sunday	9:30 a.m.	
Mass		
Sunday	11:30 a.m.	
Mass		

Main Post Kino Chapel Prosser Village Cochise Theater Main Post Prosser Village

Main Post Main Post Main Post

Main Post Kino Chapel

#### **Jewish Worship** Friday

**Catholic** Main Post Chapel Sunday 10:45 a.m.

7 p.m.

**CCD** Adult Apologetics Sunday Adoration of the Friday Sacrament Blessed Korean OCIA

**MCCW** 

Friday 1st Friday **Protestant** 

Main Post Chapel **PWOC** Tuesday

Kino Chapel Women's Book Fellowship

Sunday School

**Muslim Prayer** 

Friday 11:30 p.m

Sunday

Friday

**Buddhist Weekly Teaching** 

Tuesday 6:30 p.m. Prosser Village

#### Orthodox Divine Liturgy

Sunday 10 a.m. Main Post

#### **Latter Day Saints Service**

Sunday Prosser 1 p.m. Village

#### Youth group activities

The Fort Huachuca Chapel Youth Groups continue to meet on Sunday nights at the Main Post Chapel. The Middle School meeting is from 4 p.m. - 5 p.m.

The High School meetings are from 5:30 p.m. - 7 p.m. Join us for food, fun, friendship and faith.

For more information, call Mike DeRienzo at 227-6059.

The Fort Huachnea Scout®

### MWR Box Office is moving, name will change to 'ITR Office'

MWR Box Office is moving and changing their name. The facility is currently located in Building 52008 on Arizona Street, across from the Commissary. April 18, the Box Office will re-open as the Information, Ticket and Reservations Office, in the MWR Rents Building 70914, on Irwin Street.

The new location will offer more convenient access to the facility, with ample parking available at the front door.

After the move and the name change, ITR will offer the same services. Whether you're looking for tickets to an event, hotel reservations, information on local or distant attractions, or help planning your family's perfect vacation, ITR can help.

ITR's current hours of operation are 9 a.m. - 5 p.m., Monday - Friday. Call Brenda Briscoe at 533-2404 for more information.

MWR Rents will remain at its present location in Building 70914, since it offers ample space for both facilities to operate efficiently.

MWR Rents is open 9 a.m. - 6 p.m., Monday, Tuesday, Thursday, Friday and Saturday.

Watch for the two facilities to join forces in May, to provide expanded hours for all their customers.

For more information about MWR Rents, call Glen Barnwell 533-6707.



#### BB courts at BFH closed temporarily

The basketball courts at Barnes Field House will be closed now through Saturday to host the 11th Signal Data Cross Training. For more information, call 538-2022.

#### Half-price paintball day is back

Half-price paintball day will once again be held the first Saturday of each month at the Sportsman's Center. The first session is scheduled for 10 a.m. - 4:30 p.m., Saturday.

\$10 covers the cost of the gun, mask, CO2, field fee and 100 rounds of ammunition. For more information, call Mick Gue at 533-7085.

#### Special at Jeannie's Diner

During April, Jeannie's Diner will offer their double Baby Huey burger as their special burger-of-the-month.

The diner also offers a different lunch special daily. A few of the April lunch specials include: bratwurst and sauerkraut with fries; a club wrap with fries; hot beef sandwich with mashed potatoes, gravy and veggies; and lasagna with salad and garlic bread. A 16 ounce, non-alcoholic beverage is included with the lunch specials.

Call 533-5759 to place your order for takeout.

#### **April special at MWR Rents**

Beginning tomorrow, MWR Rents will offer the following special for the month of April: rent laser tag for the discounted price of \$75 for eight hours.

For more information, call MWR Rents at 533-6707.

#### Arts, crafts, program for children

The "Little Hands" children's arts and crafts program is offered from 10:30 - 11:30 a.m., Saturdays at the MWR Arts Center. The program is open to children age 5 - 12.

Each week, participants fabricate a different craft. The upcoming schedule is: Saturday, paint with watercolor; April 9, climbing critters; April 16, tie-dye t-shirt; April 23, stained glass; and April 30, multi-craft.

Cost of the Little Hands program is \$6 per class or \$10 for two classes.

You can register your child at the MWR Arts Center,

Building 52008 on Arizona Street, or call 533-2015 for more information.

#### MVGC to host GHMGC Tournament

Mountain View Golf Course will host the Greater Huachuca Men's Golf Club Scramble, beginning at 8 a.m., April 16 and 17.

Summer hours are now in effect at MVGC. They're open 7:30 a.m. - 6 p.m., seven days a week.

For more information, call MVGC at 533-7088.

#### SKIES*Unlimited* classes are coming

The Fort Huachuca Child and Youth Services SKIES Unlimited Program is set to begin.

The classes will be open to age ranges 0-18. Different ages will be holding classes in different time slots and/or different rooms. In order to sign up for these classes, the child must first be registered with Child and Youth Services.

You can stop in the CYS Outreach Office at Murr Community Center and put your child's name on the list for the following classes: gymnastics; dance; or Tae Kwon Do.

Once the specifics about each class have been finalized, you will receive a flyer with the times, places and price of the class for your child's age range.

These classes are the first of many that will be offered through SKIES Unlimited. Watch future issues of "The Fort Huachuca Scout" and other local papers for scheduling updates.

For more information about SKIES Unlimited, call Robin Gabert at 533-0710.

#### There's still time to get vendor aps for the Spring Festival

The Directorate of Morale, Welfare and Recreation will present the 2005 Spring Festival, April 29, 30 and May 1, at the R.L. Anderson Special Events Park, Fort Huachuca. The festival is open to the public and there is no admission charge.

The hours will be: 4 - 10 p.m., Friday; noon - 11 p.m., Saturday; and noon - 5 p.m., Sunday.

Vendor applications are still available for the festival. Family readiness groups, private organizations, food, craft and other vendors are encouraged to take part in this moneymaking opportunity.

Applications can be picked up at Barnes Field House and must be postmarked before April 8. For more infor mation regarding vendor applications, call Karlie Jo Hal at 533-3858 or 266-0253.

There will be many attractions for the entire famil including the City of Fun Carnival. Advance carnival tick ets are on sale now at MWR Box Office, Desert Lanes MWR Rents and Sierra Vista Safeway, at the price of \$ for 10 tickets. During the carnival, the cost will be \$8 fc 10 tickets.

Some of the other activities to be held at the Sprin Festival include: a hot dog eating contest, a softball tour nament, a soccer tournament, arm wrestling, boxin matches and a paintball tournament.

Throughout the festival, there will be numerous food craft and information booths for your enjoyment.

May 1 will be Family Day at the festival. From noo to 4 p.m., there will be special activities for youth, such a face painting, a jumping castle, laser tag, a Tae Kwon D demonstration, soccer shoot, jump rope competition an

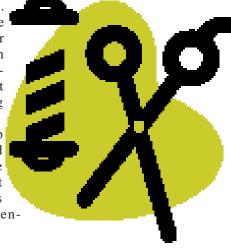
For more general information about the Spring Fest val, call 538-1690.

#### Lynda's Barber Shop open to everyone

Lynda's Barber Shop is open to the public 9 a.m. p.m., Monday - Friday, 9 a.m. - 4 p.m., Saturdays; and 1

a.m. - 4 p.m., Sunday. Walk-ins are welcome, or you can make an appointment by calling 417-9150.

The shop is located inside Desert L a n e s Bowling Cen-



# Fort Huachuca Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be the Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be the Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be the Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be the Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be the Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be the Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout.

directed to MWR Marketing Director, Paula German, at 538-0836 or send an e-mail to paula.german@hua.army.mil or visit us on the Web at mwrhuachuca.com.

The Fort Huachuca Scout® March 31, 2005 huachuca-www.army.mil

# The Scout



#### **Movies**

Because of Winn-Dixie plays at 7 p.m. Friday at Cochise Theater. For the complete listing of this week's movies, see Page 28.

### 11th Signal Brigade team takes first in Bataan Death March

1ST LT. ANDREA-BERNADETTE **PRATT** 

11TH SIGNAL BRIGADE

Before the sun came up on March 20, a five-man team of "Big Dawgs" prepared to set out across the sweltering deserts of White Sands Missile Range, N.M., to tackle the grueling 26.2 mile Bataan Memorial Death March. None of them expected to cross the finish line almost six hours later, drenched in sweat, supporting each other arm-in-arm to take first place in the men's military light division.

The commemorative race was completed by more than 3,500 participants of every age and gender in several categories ranging from civilian youth to men's military heavy, competing in full military gear and wearing a 35-pound

The "Big Dawgs" from B Company, 40th Signal Battalion, 11th Signal Brigade carried a load of full military gear, authorized boots, a load-bearing vest, an optional water bladder pack and essentials such as a change of socks, snacks and sunscreen.

The course a took participants over a mountain and stretch of desert covered in an uneven mixture of sand and gravel. It also had one two-mile stretch that was completely uphill after mile 20, and an infamous half-mile "sand pit" of ankledeep loose sand. The gusty wind storms throughout the day made their efforts even harder.

Elevation changes during the march ranged from 4,100 to 5,300 feet with very little vegetation or hillside to block the sun's intensity.

"Hydration is a huge part of the event," noted Nick Miller, B Company, 40th Signal Battalion, "every two miles there were people from the local town donating their time to assist the runners by handing out water, sports drinks, oranges and bananas. The support for the event was tremendous."

Bruce Madalinski, B Company, 40th Signal Battalion, elaborated on the toll of the desert marathon on his body and how his team's group effort helped them take

"At mile 21, I developed a cramp in my left calf, and it felt like I was going to lose the leg," he said. "Thanks to my teammates for 'not leaving a fallen comrade,' I was able to finish with them arm-in-arm sprinting across the finish line."

The team captain, Timothy Timmons, B Company, 40th Signal Battalion added "We followed three basic rules from the Soldiers Creed as we negotiated the March: 'never quit,' never accept defeat,' ' never leave a fallen comrade' ... these simple rules served us well and brought us out on top."

Wallace Andrews, B Company, 40th Signal Battalion added the surviving Bataan veterans to his list of motivators.

"The veterans who survived the actual death march impressed me the most," he said. "I had to complete the marathon for them because it was a mere portion of what they completed. Shaking their hands was all I wanted."

The comparatively pleasurable teambuilding experience that the "Big Dawg'

team shared in crossing the deserts of the White Sands Missile Range was far from the life threatening torment the original death march participants suffered in April of 1942.

More than 70,000 American and Filipino Soldiers were marched at gunpoint for six days by the Japanese for 90-plus miles with few to no rests or sustenance in between. Soldiers who fell behind were often beaten and slaughtered, so the Soldiers who were strong enough usually ended up carrying comrades to save their lives.

Some 10,000 Soldiers were killed en route to the Japanese prisoner of war camp, and after a 42-month period of surviving in the camps, more than half died from execution, disease, or malnutrition.

"These heroes that survived the terrible march and their time in the POW camp truly wear their pride to be an American on their faces and in their hearts," Miller said. "Watching them lead the participants in singing 'America the Beautiful' made you proud to be part of the same great Army and in the shadows of these heroes that served our great country."

"I would definitely recommend the event to all Soldiers ... I am looking forward to doing it again sometime in the future," added Felix Torres.

Andrews added another personal reason for completing the March: "This was my first ever Bataan Death March, and it will not be the last. I have made close friends in spirit with those I shook hands."

Each year fewer and fewer survivors are able to be present at the finish line for the commemorative race. Last year alone, 19 passed away.



Photo by Capt. Felix Torres, 11th Signal Brigade

Bruce Madalinski, Bravo Company 40th Signal Battalion, stops to change his socks during the Bataan Death March.

# Spring Festival bringing fun to fort

BY SPC. JOY PARIANTE SCOUT STAFF

Fort Huachuca's Tiny Anderson Special Events Park will take on a carnival-like atmosphere April 29 through May 1 as the annual Spring Festival takes place.

Music, sports, food and contests are all on the agenda for the event, which is being made possible by Morale, Welfare and Recreation and the efforts of many of the troop units on post.

"There will be three days

worth of activities with the centerpiece of a carnival and [many] daily activities," said Les Woods, chief, Sports and Fitness Division, MWR.

Friday night will kick off the weekend festivities with tunes from the 36th Army Band, three local alternative bands and a disc jockey. Right Arm Night will also take place on the festival grounds, beginning at 4 p.m. Saturday starts early with a 5K run at 7 a.m. Throughout the day, festival-goers can participate in a hot-dog-eating contest and an arm-wrestling

contest. Another post location will feature soccer, softball and paintball tournaments. Saturday night the Latin band Primo will take the stage. Sunday is family day with face and hair painting, laser tag, a jump rope competition and a jumping castle.

The festival will be both family and Soldier oriented, Woods explained. For families, it is an "opportunity for them to not have to travel far for an entertaining day." For Soldiers it's an "opportunity to participate in a weekend's worth of

fun in a safe environment."

In addition to activities, there will be numerous vendors on hand, Woods said. The booths will feature various arts and crafts and many different types of foods. The vending also provides an "opportunity for the Family Readiness Groups to raise money for their organizations," Woods said.

The goal of the Spring Festival is to bring entertainment and fun closer to home. "We don't get opportunities to get this type of entertainment on post very often," Woods said, so

he encourages Soldiers, families and especially FRGs to get involved.

Tiny Anderson Special Events Park is located near the Thunder Mountain Activity Centre. For more information on the festival, call Woods at 533-4023 or James Thomas at 533-3354. For information on getting a vending booth, call Karlie Jo Hale at 533-3853. To participate in one of Saturday's satellite location tournaments, call Barnes Field House at 533-4823 to sign up.

### Fit For Life

### **Exploring Arizona - Training for hiking and backpacking**

BY GEORGE R. COLFER. PH.D.

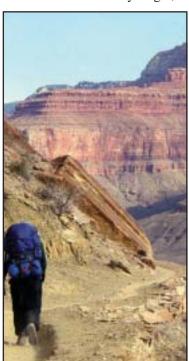
CONTRIBUTING WRITER

The main physical requirement for hiking is muscular endurance and strength at the leg, hip and low back muscles. Second would be cardiovascular endurance and third would be strength of the upper body.

It's been stated that "hiking is walking with a purpose." Hikers vary in pace, stride length and distance covered. There is no set standard for how fast a hike should be. Purposes for hiking also vary. Some hike for fitness, while others do so to enjoy nature and the outdoors. Many do it for the challenge. Whatever your purpose is, you will enjoy it more if you are fit. The majority of people hike or backpack on weekends and vacations. However, you can still train throughout the week for strength. cardiovascular fitness and flexibility.

#### Strength

A basic strength training routine can be used, but I would strongly encourage the use of free-body exercise such as pullups/chin-ups, push-ups, bench dips, sit-ups, squat thrust, etc. Free body exercise improves relative strength; that is, strength in relation to one's bodyweight,



Courtesy photo by National Park Service

A hiker on the Grand Canyon's South Kaibab Trail.

which is important for hiking. The dynamic callisthenic routine ("The Scout," Fit for Life, Pg. B2, April 15, 2004) would be an excellent program to assist with this goal. Otherwise most freebody work would be best performed in sets or circuits rather than one all-out effort to simulate repetitive movement.

#### Cardiovascular

Any aerobic activity will improve cardiovascular endurance, but it is necessary to spend time on your legs and feet. Recommended activities include running, jogging, walking and cardiovascular machines. Bicycling and swimming can be used for cross-training purposes. **Flexibility** 

Areas of importance to the hiker are the lower back, upper leg (hamstrings and quadriceps) and lower leg (Achilles tendon/ calf region). If carrying heavy loads, keep the upper back and shoulder joint flexible as well. A variety of stretching exercises are available for these areas. Static stretches should be held for 10 to 60 seconds and repeated, at least twice, for improvement.

Wear your hiking boots for at least one training session to insure break-in and keeping the legs and feet familiar with the boots.

A suggested seven-day training cycle for the working hiker follows.

Day 1. Free body exercise/ stretch/easy run, jog, walk-30 minutes/stretch again.

Day 2. Aerobic activity up to 60 minutes. (could be your cross-training day).

Day 3. Strength train or dynamic callisthenic routine/ stretch after.

Day 4. Aerobic activity. Mix it up. Run or jog and then walk with boots on for a total of 90 minutes. Could be done in two

Day 5. Strength train or free body workout for upper body, three sets or circuits/stretch after.

Day 6. Hike or backpack

Day 7. Rest Make adjustments if this routine is too hard or easy. Multiple daily sessions are

always possible. Example day 1 - free body workout in the early a.m., then stretch, run, jog, walk at lunch. Final stretch session in the p.m.

#### **Environmental: Heat and**

May be your worst enemies in Arizona. Water and sun protection (sun block, head cover) are the keys to prevention. Have access to plenty of water and hydrate well before you go on hot days. Heat stress disorders include, heat cramps, heat exhaustion, dehydration exhaustion and heat stroke, the most serious condition. Proper hydration and common sense in regard to hot weather is the best preventive.

#### Cold and wind

Hypothermia, the cooling of the body's inner core is the primary killer of outdoor recreationists. Mountain weather is unpredictable with wind, rain and snow commonplace at certain time frames. Prepare for whatever weather options may occur. Be cautious walking on ice, snow or hard pack, especially on inclines. If these conditions are a possibility, add and know how to use, an ice axe to your equipment list.

#### Flash floods, lightning

Another unique danger, especially in canyons, resulting from heavy rains or thunderstorms. Plan an escape route and try not to be cut off from your return route. In saturated conditions, as this past winter, the rain does not have to be at your location to still cause flash floods. Lightning is common during the summer monsoon. If it occurs keep only rubber-soled boots in contact with the ground. Remove all metal objects and metal frame packs. Try to get below the tree line fast. Note where you left your gear to retrieve it later.

#### **Altitude sickness**

This can occur if one is not in good physical condition and not acclimated to higher altitudes. Pulmonary edema, a medical emergency can occur above 9,000 feet. You can avoid altitude sickness by being fit, rested and acclimating yourself to the heights by traveling at a slower

pace to compensate for the decrease in oxygen. One should allow about a day for acclimatizing the body for every 2,500 feet once above the 7,000 foot level.

#### **Human encounters**

Encounters with other people on the trails are normally pleasant. However, there is a predator element in society and sometimes in the outdoors. Often one can tell a fellow hiker, biker or backpacker by the gear they carry with them. As you approach people on the trails, be friendly, but use caution and your "gut feeling" if things don't appear right. The areas of the Coronado National Forest, Huachuca Mountains and the trails of Fort Huachuca are frequently used for illegal migration activity. The U.S. Forest Service has issued a travel caution for the Coronado

National Forest as follows.

#### **Travel caution: Coronado National Forest**

Forest visitors traveling in remote areas of the Coronado National Forest in the vicinity of the international Boundary adjacent to the Republic of Mexico are advised to remain aler to their surroundings as illegal smuggling activity is known to occur in those areas. Do not attempt to intercede if you witness illegal activity. Move to a safe area away from the activity and contact the nearest law enforcement agency with descriptions of persons, vehicles, date/time and other pertinent information.

For emergency situations, on or off the military reservation, call 911 and they will direct the information to the proper agency or authority.

### Ask The Dietitian Think Before You Drink!

**Ouestion: Recommendations** say to drink at least eight glasses of water each day. Is water the only beverage that counts?

Answer: Water is often called the "forgotten nutrient." It is vitally important to stay adequately hydrated, especially in warm climates and when performing strenuous, physical activity. Water makes up approximately 55-75 percent of our bodies and is essential for many functions within the body from cells to tissues to organs. Water is also responsible for transporting nutrients to your cells as well as regulating body temperature. Drinking water is important but you also get water from other beverages and foods. Drinking plain water is the best choice as it is calorie free, caffeine free and contains no sodium, fat or cholesterol. Choosing the "right" beverage is important for several reasons. Beverages containing caffeine do supply some water to our bodies, however, the caffeine acts as a natural diuretic and can actually

pull water from our bodies and eliminate it in our urine. This can lead to dehydration which, of course, defeats our purpose. Other beverages such as sodas, juices and sports drinks contribute calories in addition to water and if you are trying to watch your weight, drinking high calorie beverages can contribute to weight gain. You can easily gain one pound per week if you drink any of the following:

- 2 20 ounce sodas per day
- 2 16 ounce cups of fruit juice per day
- 2 1 quart bottles of sports drink per day
- 2 20 ounce cappuccinos per day So, when trying to meet you needs for eight glasses per day, choose water. Your body will thank you for it!

Capt. Jennifer Rodriguez is a Registered Dietitian at the Raymond W. Bliss Army Health Center on Fort Huachuca. Send questions to jennifer.rodriguez1@us.army.mil.

The Fort Huachuca Scout®

### Grand Canyon offers visitors a variety of experiences

It's been called one of the seven wonders of the natural world. The state of Arizona is nicknamed for it, and millions of people come to visit it annually.

The Grand Canyon Colorado River draws a huge range of visitors, some just to ook, others in search of a much more ntimate wilderness experience.

A canyon visit can include hiking, white-water rafting, camping, photography, oird watching, animal sightings and even

Best known, and most visited, is the canyon's South Rim. This is where the bulk of this national park's four million visitors come each year. The popular spot is located about six and a half hours north of Sierra

The South Rim offers many vantage points with spectacular views including the ncredibly popular Mather Point (where parking is limited to one hour at a time) and Yaqui Point (only accessible by free tram). Perhaps the most popular location of all is behind the Bright Angel Lodge. Located on the canyon's Rim Trail, the lodge offers fine dining (in the Arizona Room) plus more casual fare and a coffee bar. The lodge offers comfortable, but rustic accommodations and a selection of rustic cabins that provide an old time wilderness feel. Some offer partial canyon views and are close to the rim, while others are more distant. Bright Angel accommodation prices run from about \$50 to \$105 a night.

Right near the lodge are two historic photo studios. Nearest the lodge is the Lookout Studio. This structure was designed by architect Mary Jane Coulter known for her design of several canyon buildings including Desert View at the canyon's East Rim and the building at Hopi Point in the other direction) and designed with the same stone found at the canyon's appermost strata to make the building blend

A few hundred yards down the trail is the Kolb Brothers photo studio building

named after the two early pioneers of Grand Canyon photography.

In the other direction is the El Tovar Lodge, one of the classic national park lodges. Rooms here are the priciest in Grand Canyon Village and offer a rustic canyon experience too. Rates can vary from \$123 to \$285 per night.

Less expensive lodging (\$77 to \$119 a night) is available at Yavapai and Maswick Lodges but more distant from the rim. Visitors looking for a more contemporary style of hotel should try the Kachina and Thunderbird Lodges. Rooms at these hotels cost from \$123 to \$133 a night and some offer partial views of the canyon rim. A free shuttle tram makes regular rounds of all the lodging offering transportation to various South Rim locations. Several campgrounds are also available.

Due to the park's huge popularity, it's generally best to make reservations a year or more in advance, particularly during the peak season (roughly May through September). Even then, it may not be possible to reserve an especially popular or historic lodging such as the Bucky O'Neill Suite cabin at Bright Angel Lodge or some of the better rooms at El Tovar. One advantage of the National Parks reservation system (through its concessionaire, Xanterra) is that all that's required is the first night's deposit in advance. This is fully refundable up to a week before the reservation date, so you can reserve a room well in advance and still be able to cancel without penalty almost to

Once you're settled at the South Rim, there are plenty of ways to enjoy its spectacular views. While the free shuttle takes visitors to all the popular vantage points, a more rewarding approach for the energetic is to hike one of the canyon's many trails. These can range from downright easy hikes to incredibly strenuous paths that require advanced route finding skills and plenty of backcountry experience.

Overnight trips into the canyon require a backcountry permit. These can be reasonably easy to get during the off season, but require advance requests for peak visitor



A mule party climbs the steep switchbacks through the Kaibab limestone on the south Kaibab trail. Steep switchbacks drop through the almost vertical "chimney" at the head of the south trail.

periods.

The Rim Trail is a generally easy trail that takes hikers to many of the canyon's best observation points. This hike follows the South Rim and is mostly level with the occasional saddle that requires some up and downhill effort. One of the best things about this trail is that hikers are never far from a shuttle stop and so never have to worry about overtaxing themselves. Simply hike until tired and then stop at the next shuttle access point and grab a ride.

A more difficult challenge is to hike one of the South Rim's corridor trails, either the Bright Angel Trail or the South Kaibab Trail. Both of these trails lead the adventurous hiker all the way down to Phantom Ranch and the Colorado River and even to the North Rim via the North Kaibab Trail.

The South Kaibab is the steeper and shorter of the two trails, requiring a 7.1-mile hike down to the Bright Angel Campground near the Colorado River. The Bright Angel Trail is shallower but longer, topping out at a little more than 8 miles. Rim-to-river hikers often choose to hike down the South Kaibab and back up Bright Angel to take advantage of each trail's characteristics. Reservations for both the campground and Phantom Ranch lodging should be made well in advance even for shoulder season months such as March and October.

The challenges of canyon hiking shouldn't be underestimated by those who've never tried it since the hike in can be deceptively easy and the effort to get back brutally difficult. People have died underestimating the difficulties of a canyon hike, even a world class runner last year (a Boston Marathon top 40 finisher).

An alternative to hiking down to Phantom Ranch is to book a mule ride in and out of the canyon. While not as strenuous as making a round-trip hike, such rides are not for the faint of heart or soft of

... (well, you can guess). The mule rides offer few stops and none where the riders are allowed to get off the animals.

Weather conditions at the South Rim can be unpredictable with even the occasional April snowstorm possible. Keep in mind, the elevation at the rim is about 7,000 feet above sea level. Driving to and from the canyon can also be treacherous during storms since the region is relatively isolated and services far apart.

The South Rim is only one part of the Grand Canyon experience. An area known as the canyon's "East Rim" is only about 25 miles away from the canyon village and offers a very different perspective of the canyon view. More remote, but just as spectacular in their own ways are the canyon's North and West Rims. These will be covered in future Arizona Traveler

For more information on the Grand Canyon's South Rim visit the National Park Service Web site at: www.nps.gov/grca/ grandcanyon/south-rim/. Research lodging availability at prices at: www.grandcanyonlodges.com/dynamic/ mz\_viewer.htm?articleid=64.

Getting there:

It's possible to fly to the South Rim via the airport at Tusayan (the town nearest the South Rim) and then rent a car for your visit. The Grand Canyon Railway in Williams, Ariz., offers scenic round-trip train rides to and from the South Rim or you can drive there.

Directions from Sierra Vista are to take Highway 90 to Interstate 10 West to Interstate 17 North (exit 143) to Interstate 40 West (exit 340B) to Highway 64 North (exit 165) to Highway 180 North until you reach the entrance to the national park. Entrance to the park is \$20 per vehicle, unless you have a current national parks



Park visitors check out an unusual view from Mather Point at the Grand Canyon's South Rim.

#### **BOSS** carwash

The Better Opportunities for Single Soldiers is scheduled to hold a car wash Saturday at Sonic from 11 a.m. to 2 p.m.

#### "Dollar Days" savings come to town

The Fort Huachuca commissary will be hosting "Dollar Days" starting today. Items throughout the store will feature dollar pricing. If the event proves popular with customers, Dollar Days could be expanded to several times per year..

#### **B** Troop seeks volunteers

Fort Huachuca's B Troop, 4th U.S. Cavalry Regiment (Memorial) is looking for volunteers. B Troop participates in various parades and ceremonies both on post and nationally. They've been to the Orange Bowl Parade in Miami and Helldorado Days in Tombstone. Riding experience is not necessary and new troopers, and ladies auxiliary hopefuls go through a ground and riding school prior to participation with the troop. For more information, call B Troop Commander Jay Hizer 538-2566, B Troop 1st Sgt. Juan Villarreal 378-2367 or the B Troop office 538-2178.



#### **Basketball Tournament**

The Sports and Fitness branch of MWR will hold the "Spring Basketball Bash" beginning at 9 a.m., April 9 and 10. The tournament is open to all intramural level, active duty military teams. Format will be double elimination.

Teams that wish to enter the tournament need to submit an entry form and a \$100 entry fee. Trophies will be awarded to the first and second place teams at the end of the tournament.

For more information, call Michelle Kimsey at 533-3180 or e-mail michelle.kimsey@hua.army.mil.

### Military Appreciation Weekend in Tucson

Two special events are open to the military at no cost on April 15 and 16 in Tucson. Families are invited to attend a baseball game on Friday, and NASCAR racing on Saturday.

Join the Sidewinders as they take on Salt Lake on April 15 at 6:30 p.m. at Tucson Electric Park.

Free passes, which admit as many as five people to the game, are available through the Public Affairs Office, Building 21115, at 3015 Carnahan Street. For information, call 533-1284.

For information about the Tucson Sidewinders, visit: <a href="https://www.tucsonsidewinders.com">www.tucsonsidewinders.com</a>

Join other military NASCAR fans for a free night of racing on April 16 at Tucson Raceway Park. Tucson Raceway Park will honor free admission on April 16 for the following: active duty, military reserves, national guard, military retirees, Department of Defense Civilians, and Government Contract Employees. Just show government issued ID at the box office, one ticket will be issued for each ID presented, 11 years and under are always admitted free of charge.

For information about Tucson NASCAR, log on to:www.tucsonracewaypark.com

#### **Combat Medic Memorial Run**

Raymond W. Bliss Army Health Center is hosting their 8th Annual Combat Medic Memorial Run April 23. There will be a 10K and 5K run/walk.

The 10K portion will begin at RWBAHC at 7 a.m and the 5K will begin at RWBAHC at 7:20 a.m.

Registration for this "challenging high deser course" will be \$10 if registered by April 9 and i will be \$12 to register on race day.

A commemorative long sleeved shirt is guaran teed to the first 100 registered. Trophies, statue and ribbons will be awarded.

For more information, call Sgt. 1st Class Philip Sloss at 533-0448, Sgt. 1st Class Faye Nugent a 533-8468 or Barbara Chavez at 533-8009.

#### Kiwanis skate/bike park telethon

The Kiwanis Club of Sierra Vista will hold its 5th annual skate/bike park telethon from 5:30 to 9:30 p.m. April 19 at the Buena Performing Arts Center Buena High School (broadcast live on Community Channel 7) to help raise funds to help build a youth skate/bike park. For more information, call Bot Caulfield at 515-9895 or Harry Bowen at 458-1058

#### Sale at Sportsman's Center

The Sportsman's Center is offering 10 percen off all merchandise, including guns, ammunition wild game calls, cleaning kits, and all other items in the pro shop. The sale will continue until all mer chandise has been sold. For more information, cal Mick Gue at 533-7085.

# SP©KISMANS CENTER 533-7085

### Pets Of The Week



Angel is a 14-month-old female, brindle pitt bull and lab mix.



Dominique is a black and white female domestic short-haired cat.

These animals and more are available for adoption from the Fort Huachuca Veterinary Treatment Facility. For more information, call 533-2767 or visit forthuachucapetfinder.com. In accordance with Army regulation stray animals are kept for three working days to find an owner. After three days, they are either placed up for adoption or humanely euthanized. Strays are available for adoption for 30 days until they are euthanized.

### At The Movies

Showing at the Cochise Theater for the next week are:



Today -7 p.m.
The Aviator

PG-13

Friday -7 p.m.
Because of Winn-Dixie

PG

Saturday -7 p.m.
Constantine

Sunday -2 p.m.
Special Showing

Monday - Wednesday
Closed

Reduced prices on Thursday evening and Sunday matinees.

### Watch CAC

For the latest news in the Fort Huachuca community as well as all of your military branches worldwide, the Commander's Access Channel (Channel 97) is your firs and most reliable source. Tune in to our news block hours at four convenient times throughout the day. The Fort Report airs weekdays at 6 a.m., noon, 6 p.m. and 10 p.m. Army NewsWatch follows at 6:05 a.m., 12:05 p.m., 6:05 p.m. and 10:05 p.m. Catch Air Force TV News right after at 7 a.m., 1 p.m., 7 p.m. and 11 p.m. Be sure to top it all off with Navy/Marine Corps News at 7:30 a.m., 1:30 p.m., 7:30 p.m. and 11:30 p.m.

If you're interested in posting your mes sage on the Commander's Channel, e-mai your request to <a href="mailto:channel97@hua.army.mil">channel97@hua.army.mil</a>.



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#### BOSS carwash

The Better Opportunities for Single Soldiers is scheduled to hold a car wash Saturday at Sonic from 11 a.m. to 2 p.m.

#### "Dollar Days" savings come to town

The Fort Huachuca commissary will be hosting 'Dollar Days' starting today. Items throughout the store will feature dollar pricing. If the event proves copular with customers, Dollar Days could be expanded to several times per year.

#### B Troop seeks volunteers

Fort Huachuca's B Troop, 4th U.S. Cavalry Regiment (Memorial) is looking for volunteers. B Troop participates in various parades and ceremonies both on post and nationally. They've been to the Orange Bowl Parade in Miami and Helldorado Days in Tombstone. Riding experience is not necessary and new proopers, and ladies auxiliary hopefuls go through a ground and riding school prior to participation with the troop. For more information, call B Troop Commander Jay Hizer 538-2566, B Troop 1st Sgt. Juan Willarreal 378-2367 or the B Troop office 538-2178.



#### Basketball Tournament

The Sports and Fitness branch of MWR will hold the "Spring Basketball Bash" beginning at 9 a.m., April 9 and 10. The tournament is open to all intramural level, active duty military teams. Format will be double elimination.

Teams that wish to enter the tournament need to submit an entry form and a \$100 entry fee. Trophies will be awarded to the first and second place teams at the end of the tournament.

For more information, call Michelle Kimsey at 533-3180 or e-mail michelle.kimsey@hua.army.mil.

### Military Appreciation Weekend in Tucson

Two special events are open to the military at no cost on April 15 and 16 in Tucson. Families are invited to attend a baseball game on Friday, and NASCAR racing on Saturday.

Join the Sidewinders as they take on Salt Lake on April 15 at 6:30 p.m. at Tucson Electric Park.

Free passes, which admit as many as five people to the game, are available through the Public Affairs Office, Building 21115, at 3015 Carnahan Street. For information, call 533-1284.

For information about the Tucson Sidewinders, visit: <a href="https://www.tucsonsidewinders.com">www.tucsonsidewinders.com</a>

Join other military NASCAR fans for a free night of racing on April 16 at Tucson Raceway Park. Tucson Raceway Park will honor free admission on April 16 for the following: active duty, military reserves, national guard, military retirees, Department of Defense Civilians, and Government Contract Employees. Just show government issued ID at the box office, one ticket will be issued for each ID presented, 11 years and under are always admitted free of charge.

For information about Tucson NASCAR, log on to:www.tucsonracewaypark.com

#### **Combat Medic Memorial Run**

Raymond W. Bliss Army Health Center is hosting their 8th Annual Combat Medic Memorial Run April 23. There will be a 10K and 5K run/walk.

The 10K portion will begin at RWBAHC at 7 a.m. and the 5K will begin at RWBAHC at 7:20 a.m.

Registration for this "challenging high desert course" will be \$10 if registered by April 9 and it will be \$12 to register on race day.

A commemorative long sleeved shirt is guaranteed to the first 100 registered. Trophies, statues and ribbons will be awarded.

For more information, call Sgt. 1st Class Philip Sloss at 533-0448, Sgt. 1st Class Faye Nugent at 533-8468 or Barbara Chavez at 533-8009.

#### Kiwanis skate/bike park telethon

The Kiwanis Club of Sierra Vista will hold its 5th annual skate/bike park telethon from 5:30 to 9:30 p.m. April 19 at the Buena Performing Arts Center, Buena High School (broadcast live on Community Channel 7) to help raise funds to help build a youth skate/bike park. For more information, call Bob Caulfield at 515-9895 or Harry Bowen at 458-1058.

#### Sale at Sportsman's Center

The Sportsman's Center is offering 10 percent off all merchandise, including guns, ammunition; wild game calls, cleaning kits, and all other items in the pro shop. The sale will continue until all merchandise has been sold. For more information, call Mick Gue at 533-7085.

# SP® KINMANS CENTER 533-7085

### Pets Of The Week



Angel is a 14-month-old female, brindle pitt bull and lab mix.



Dominique is a black and white female domestic short-haired cat.

These animals and more are available for adoption from the Fort Huachuca Veterinary Treatment Facility. For more information, call 533-2767 or visit forthuachucapetfinder.com. In accordance with Army regulation stray animals are kept for three working days to find an owner. After three days, they are either placed up for adoption or humanely euthanized. Strays are available for adoption for 30 days until they are euthanized.

### At The Movies

Showing at the Cochise Theater for the next week are:



Today -7 p.m.
The Aviator

PG-13 **Friday -7 p.m.** 

Because of Winn-Dixie

Saturday -7 p.m.

Saturday -7 p.m.
Constantine

R

Sunday -2 p.m.
Special Showing

Monday - Wednesday

Reduced prices on Thursday evening and Sunday matinees.

### Watch CAC

For the latest news in the Fort Huachuca community as well as all of your military branches worldwide, the Commander's Access Channel (Channel 97) is your first and most reliable source. Tune in to our news block hours at four convenient times throughout the day. The Fort Report airs weekdays at 6 a.m., noon, 6 p.m. and 10 p.m. Army NewsWatch follows at 6:05 a.m., 12:05 p.m., 6:05 p.m. and 10:05 p.m. Catch Air Force TV News right after at 7 a.m., 1 p.m., 7 p.m. and 11 p.m. Be sure to top it all off with Navy/Marine Corps News at 7:30 a.m., 1:30 p.m., 7:30 p.m. and 11:30 p.m.

If you're interested in posting your message on the Commander's Channel, e-mail your request to <a href="mailto:channel97@hua.army.mil">channel97@hua.army.mil</a>.



Time Out

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